



THE 9TH EDITION
A DAY IN ALLERGY &
RESPIRATORY MEDICINE

THE 9TH EDITION
ASTHMA, ALLERGY
AND COPD FORUM

24-25 JAN 2026

SOFITEL ABU DHABI CORNICHE

SCIENTIFIC AGENDA

DAY 1



24TH JANUARY 2026

7:30 - 8:30

Registration

Session 1:

Moderator: Prof. Ashraf Al Zaabi, Dr. Wael Ahmed Osman

TIME	TOPIC	SPEAKER
8:30 - 8:45	Welcome and Introduction	
8:45 - 9:05	Understanding Severe Asthma Phenotypes	Dr. Abdalla Alasiri
9:05 - 9:25	Emerging Evidence in COPD and Updates to the 2026 GOLD Guidelines	Dr. Muhammad Tufail
9:25 - 9:45	Chronic Rhinosinusitis: When to Operate and When to Treat Medically?	Debate: Dr. Shuayb Elkhailifa Dr. Mohammed Alhammadi
9:45 - 10:00	The knowns and unknowns of COPD 	Moderator: Dr. Marwan Najib Speaker: Dr. Rachel Kaminski
10:00 - 10:15	Translating Type 2 Inflammation in Asthma Into Treatment Decision 	Moderator: Dr. Marwan Najib Speaker: Dr. Naim Aoun
10:15 - 10:30	Q & A session	
10:30 - 10:40	Coffee Break	


Session 2:

Moderator: Dr. Sharina Aldhaheri, Dr. Yasser Madani

TIME	TOPIC	SPEAKER
10:40 - 11:00	CASE 1. ASTHMA	Dr. Rachel Kaminski
11:00 - 11:20	CASE 2. COPD	Prof. Bassam Mahboub
11:20 - 11:40	CASE 3. Pleural Effusion	Dr. Fatema Abdulkarim
11:40 - 12:00	CASE 4. ILD	Dr. Sharina Aldhaheri
12:00 - 12:15	Q & A session	
12:15 - 12:25	Coffee Break	

Session 3:

Moderator: Dr. Ramzi Khashkhusha, Dr. Ola Mazboudi

TIME	TOPIC	SPEAKER
12:25 - 12:45	Designing an Effective Lung Cancer Screening Service: Key Components	Dr. Theodora Kerenidi
12:45 - 13:05	Respiratory Tract Infections: When Do Patients Truly Need Antibiotics?	Dr. Hamed Sharaf
13:05 - 13:25	Hemoptysis: Red Flags and When to Act?	Dr. Goran Nadir Salih
13:25 - 13:45	Real-life Experience with extra-fine triple therapy in asthma and COPD management 	Prof. Bassam Mahboub
13:45 - 14:00	Q & A session	
14:00 - 14:15	Closing remarks	

Lunch Break



THE 9TH EDITION

A DAY IN ALLERGY & RESPIRATORY MEDICINE

THE 9TH EDITION

ASTHMA, ALLERGY AND COPD FORUM

24-25 JAN 2026

SOFITEL ABU DHABI CORNICHE

SCIENTIFIC AGENDA

DAY 2

25TH JANUARY 2026

7:30 - 8:30

Registration

Session 4:		Moderator: Dr. Muhammad Tufail, Prof. Dr. Emadeldin Ibrahim
TIME	TOPIC	SPEAKER
8:30 - 8:45	Welcome and Introduction	
8:45 - 9:05	Could drug therapies and nerve stimulation make CPAP redundant for treatment of OSA?	Dr. Mohammed Al Houqani
9:05 - 9:25	The Evolving Landscape of Pulmonary Hypertension Management	Dr. Arif Al Mulla
9:25 - 9:45	Interstitial Lung Abnormalities Versus Interstitial Lung Disease: When Should We Be Concerned?	Prof. Mohammad Ghanbar
9:45 - 10:05	The Effects of Obesity on Lung Health	Dr. Samir Naik
10:05 - 10:20	Q & A session	
10:20 - 10:35	Coffee Break	

Session 5:		Moderator: Dr. Julio Gómez Seco, Dr. Marwan Najib
TIME	TOPIC	SPEAKER
10:35 - 10:55	Managing Respiratory Failure in Neuromuscular Disorders: When Is Tracheostomy Referral Appropriate?	Dr. Balu Bhaskar
10:55 - 11:15	Paediatric to Adult Transition in Respiratory Care: Ensuring Continuity and Safety	Dr. Nadia AlSayed Waheed
11:15 - 11:30	Precision Pathways in Asthma Care	Dr. Muhammad Tufail
11:30 - 11:45	COPD and Lung Cancer: Awareness, Early Detection, and Prevention	Dr. Mateen Uzbek
11:45 - 12:00	Q & A session	
12:00 - 12:15	Coffee Break	

Session 6:		Moderator: Prof. Bassam Mahboub, Dr. Saniya Khan
TIME	TOPIC	SPEAKER
12:15 - 12:35	Protecting the Lungs: Vaccines That Prevent Respiratory Illness	Dr. Jehad Abdalla
12:35 - 12:55	Artificial Intelligence in Respiratory Imaging: Arguments For and Against	Dr. Naghma Erum Nawaz
12:55 - 13:15	Interesting Cases in Respiratory Imaging	Dr. Mahmoud El-Kaissi
13:15 - 13:35	Managing Cough in 2026: What Has Changed?	Dr. Imran Satia
13:35 - 13:50	Q & A session	
13:50 - 14:05	Closing remarks	

Lunch Break